

EFFINGHAM COMBAT ACADEMY

Program	Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lil' Fighters	Beginner	3:30-4:00		3:30-4:00			
Lil'Wrestlers	Beginner		4:00-4:30 4:30-5:00		4:00-4:30 4:30-5:00		
Wrestling	Junior		5:00-5:50		5:00-5:50		
	Adult		6:00-7:00		6:00-7:00		
Combat Striking	Junior	4:00-4:50				5:00-5:50	
	Adult	7:00-8:00				6:00-7:00	
Muay Thai	Junior			4:00-4:50		4:00-4:50	
	Adult	8:00-9:00		8:00-9:00			
Brazilian Jiu Jitsu	Junior BJJ	5:00-5:45		5:00-5:50 (No Gi)			11:00-11:50
	Tournament Team			6:00-7:00			
	Adult BJJ	6:00-7:00		7:00-8:00 (No Gi)			12:00-1:00
AB Fight Team	Invite Only		7:00-8:30			7:00-8:30	



Phone: (912)-698-3627
 832 South Laurel St Ste D.
 Springfield, GA, United States, Georgia
 Web: www.EffinghamCombatAcademy.com
 Email: hello@EffinghamCombatAcademy.com

